

The True Meaning of Prayers

It is easy to imagine prayers as an act of asking God for something. However, the prayers that Master Ryuho Okawa teaches have a much deeper meaning behind them. Here, we will introduce prayers from various angles based on Happy Science teachings.

What is Prayer?

To become one with a Greater Being

Master Okawa teaches that the true essence of prayer is to devote oneself to a Greater Being. It is to know and believe that God exists, and He is the Creator of all human beings and the great universe. To pray means to become one with this Greater Being called God. At Happy Science, this God is known as Lord El Cantare.



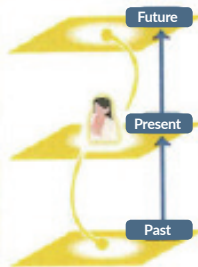
Prayer is like making a phone call to God

Master Okawa uses the metaphor of making a phone call to God when describing the act of prayer. In the Spirit World, thoughts are instantly manifested. In other words, when praying to God, all of your thoughts are already revealed. Therefore, it is important to conduct ourselves correctly and pray as if having a silent conversation with God.

Prayer transcends time and space

Prayer has the power to transcend time

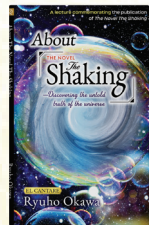
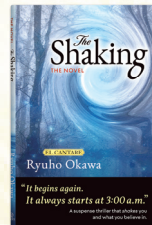
The power of prayer is much greater than what we imagine it to be. Prayer can not only affect this world, but it has the power to reach the Spirit World, the parallel universe, and even the multiverse. Even more, regardless of time, prayer can influence the past or the future.



Learn the truth about prayers!

Recommended Books:

Discover the power of prayer that goes beyond time and space—can it truly reach the past, the present, and the future?



The Novel The Shaking and About The Novel The Shaking

How are prayers delivered?

The direction of our thoughts determine where our prayers reach

Where and to whom do our prayers connect to? In this world and in the Spirit World, the principle of “the same wavelengths attraction” applies. Those with the same mindset, or same wavelength, attract to one another. If your mind is full of love and hope, and are always thinking positively, you will attract angels in Heaven with the same mindset. On the other hand, those with a negative mind full of anger or fear will attract evil spirits.

This is also true for prayers. Prayers will certainly connect to someone. However, your mindset will determine where your prayers will go. Therefore, it is important to always reflect on the direction of your prayers.

Humble and egoless prayers will connect to God, your guardian and guiding spirits, and those who wish to support you on earth.

Those who only wish for fast results or have a mind full of pride will connect to the realm inhabited by yokai (self-centered spirits such as monsters and goblins). Instead, it is ideal to be connected with angels in Heaven.



What is the right way to pray?

We will introduce the mindset and the right way to pray that will connect to God and Heaven

- ☑ Make it a daily habit to offer prayers of gratitude to God for being given the chance to live another day. It is okay to make wishes occasionally.
- ☑ If you make a wish, entrust the outcome to God.
- ☑ After offering prayers with the right mind, continue to make humble efforts to improve yourself without attachment. Through such efforts, feel God's guidance with a grateful heart.

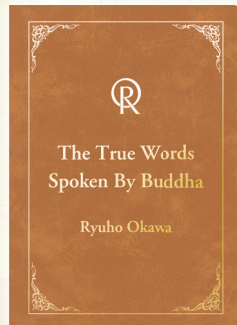
On the next page, we will introduce Happy Science Sutras...

Happy Science Sutras

You can receive a set of sutra books to recite and pray when you become a member

Becoming a Member

When you become a member, you can receive “The True Words Spoken by Buddha”, which is the fundamental sutra of Happy Science written directly by Master Okawa in English.

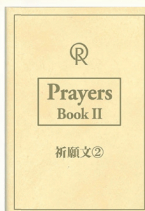
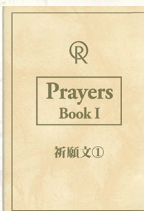


As the title suggests, this sutra contains the words spoken by Buddha, in other words, if Gautama Siddhartha spoke the “True Words” today, his words would be exactly as it is written in the sutra.

This sutra explains the fundamental teachings of Happy Science, including the Genesis of the universe, the meaning of our life, and this sutra is a guide for how we should to live.

Becoming a Devotee

The other type of membership is to become a Devotee, which is to have full faith and become a disciple of Lord El Cantare. You can receive the full prayer set, which consists of six prayer books. Here, we will introduce three of the six prayer books.



“Prayers Book I and II” for daily prayers

“Prayer Books” contains a total of 18 prayers, which are all based on faith in Lord El Cantare. The sutras in these prayer books allow one to pray for protection and guidance in their daily life and in times of crisis.

Prayers Book I includes:

- ◆ Prayer to the Lord
- ◆ Prayer to Guardian and Guiding Spirits
- ◆ Buddha's Teaching: Sutra for Our Ancestors
- ◆ Buddha's Teaching: Sutra for Departed Children
- ◆ Prayer for Recovery from Illness
- ◆ Prayer for Exorcising Evil Spirits
- ◆ Prayer for Marriage
- ◆ Prayer for Success

Prayers Book II includes:

- ◆ New Year's Pledge
- ◆ The Pledge of Husband and Wife
- ◆ Prayer for Health
- ◆ Prayer for Economic Prosperity
- ◆ Prayer for Harmony at Home
- ◆ Prayer for Safety at Home
- ◆ Prayer to be Blessed with Children
- ◆ Prayer for Safe Childbirth
- ◆ Prayer for Raising a Child
- ◆ Prayer for Academic Success

Devotee Prayer Book **Included Sutras:**

◆ Words of Aspiration for Enlightenment

The Pledge of Discipline

This sutra is a pledge to devote to the Three Treasures of Buddha, Dharma (the teachings), and Sangha (the group of disciples), and pledge to practice daily spiritual discipline.

◆ Words of Wisdom Buddha's Enlightenment

This sutra explains the Four Pains that everyone experiences in life—birth, aging, illness, and death—and the wisdom of Buddha to overcome the attachments that come with the Four Pains.

◆ Words of Awakening Step-by-Step Teaching

“Step-by-Step Teaching” refers to the stages of the path to enlightenment. This sutra explains how to return to the heavenly world after death, and how to overcome suffering in life.

◆ Words of Emancipation Buddha's Teaching: The Eightfold Path

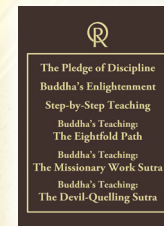
“The Eightfold Path” is the path of self-reflection taught by Buddha. This sutra explains what to reflect on for each of the eight paths.

◆ Words of Infinity Buddha's Teaching: The Missionary Work Sutra

This sutra explains the significance and mindset of missionary work, which is the act of spreading the teachings, and vows to devote one's life to missionary work.

◆ Words of Justice Buddha's Teaching: The Devil-Quelling Sutra

“Devil-quelling” means to crush all evils. This sutra unveils the existence of devils and the mindset of fighting against them.



The object of worship in Happy Science is the God of the Earth Lord El Cantare



Lord El Cantare is the God of the Earth, the Creator of the universe, and the one who guides humanity.

The core consciousness of Lord El Cantare was born on Earth as Master Ryuho Okawa, the founder and CEO of Happy Science, who has given over 3,500 lectures and published 3,250 books to reveal the Truth to bring peace and salvation to humankind.